

Keeping you up to date with Evington's news

The newspaper of Friends of Evington Charity No. 1148649

Issue 291

August and September 2021

Circulation 5,900

A Community Garden in Evington Park









PARDON

WEEDS



Rob Watson
from Decentered Media and
Evington Community Radio visited Evington Park
on Wednesday 16th June to meet with Helen and Jeff
and some of the environmental volunteers at Evington Park
Community garden. He summarised what he found:
"The garden has been opened up as a community resource with the
focus of encouraging wildlife and bees and other different species to

focus of encouraging wildlife and bees and other different species to regard it as home. I think the community approach is essential for our wellbeing. It is a way in which and through which we can commune with one another. It enables our sense of community to be built around being together in a place where we share our experiences and can look at what is positive and see how things grow and together nurture that fragile kind of ecosystems of which we are a part.

We might be thinking that a garden somewhere on the edge of a city isn't making much impact, but actually it is because it plants the seed and the other connections and interconnections that these projects are about." Designed by Jason Chauhan

The Friends of Evington Trustee Officers

Paul Archdeacon (Chair), Helen Pettman (Secretary), Nilesh Chauhan (Treasurer), Jason Chauhan (Vice Chair), Richard Clarke

The Echo Team

Editor Helen Pettman evingtonecho@gmail.com friendsofevington1@gmail.com Tel: 2204525 or 07910431044. Editorial support Simran Radia

Graphics Jason Chauhan **Safeguarding** Paul Archdeacon **Distribution**

 Chris Hossack
 2415153

 Harry Pettman
 2204525

 Ben Sherriff
 2739709

 Terry Owen
 07478766191

 Howard Edmunds
 07800602751

Proof Readers Julia Hughes and Addy Tyler www.evingtonecho.co.uk evingtonecho@gmail.com facebook: evington echo

		Published Thursday
Oct/Nov	17th Sept.	7th Oct
Dec/Jan	12th Nov	2nd Dec
Feb/March 22	14th Jan 22	3rd Feb 22

A&T Fencing

www.at fencing.co.uk

Fencing · Gates
Sheds · Decking
Repairs · Painting · Staining

Call us for a free quotation

07877516357

EDITORIAL

During lockdown it has been quite lonely for me to be working behind a computer screen and not meeting people face to face. So when I heard about Rob Watson's 'Community Stories' project, which is developing with assistance from De Montfort University, the Documentary Media Centre and Zinthiya Trust, I wanted to learn more. I met some interesting people at Bishop Street Chapel Café and enjoyed chatting about what community journalism is about. Rob started to talk about 'Building Back Better' and how we move forward from the COVID pandemic. He asked "Will this period of change leave us with real practical benefit in our neighbourhoods? Can we share our experiences of what we actually care for in practice in our communities?" Community Media Café is open on Tuesdays from 10.00am to 12.00noon. The Reporters Club is on Thursday from 10.00am to 12.00noon Documentary Media Centre.

On Thursday 8th July, Julie Walker, a judge from East Midlands in Bloom visited Evington for the annual evaluation of our urban community. Her assessments needed to give marks for community involvement, environmental responsibility and gardening achievements. She wasn't just marking what Bloom volunteers did, she was looking at all the many ways we work together with the Parks Department and other stakeholders, which includes 'Little Green Shoots'.

The question in the last issue was "What could life be like in the sustainable future Evington of 2031?' My contribution is to have a vision of developing every possible piece of land for people and pollinators, and to use lots of imagination to grow things in unusual places.

Other people have told me that they want to see biodiversity policies central to

all City Council planning departments. They want many green jobs. They want a ban on all weedkillers in public parks. They want many repair shops and shops selling unpackaged food from local growers. Also all schools and clubs will have child-friendly gardens that are well used. Public buildings will also be well used.

Please continue to send in your comments about this for following editions. And please send in your stories. Helen.

EVINGTON VILLAGE VIRTUAL SHOW – 14TH AUGUST 2021

There will be an online virtual show to include the following sections only:

D Cut flowers, E Pot Plants, F Fruit, G Vegetables, K Art, L Photography. and N Front Gardens, (Evington in Bloom). The show will not be judged and will be informal and non competitive.

No entry fee or entry form is required. Selected photos will be published in autumn issues of the Evington Echo (www.evingtonecho.co.uk) as last year. Exhibitors will need to submit photos of the exhibits during the first week in August and email them as a jpeg file to John Pelmore or take prints to Bennetts. The closing date will be Saturday 7th August with viewing from the 14th. You can use the 2019 schedule and rules (on the website below) as a guide but please note the photography classes will be different this year (themes: plants, pets and wildlife, landscape, architecture, monochrome). Exhibitors should look at guidance website for photographing the exhibits.

Full details are available on the website www.evingtonvillagefete.org.uk For further information email John Pelmore jmpelmore@yahoo.co.uk or phone 270 9881.





The Echo is printed by Spectrum Printing Services Tel: 2461717

KARTIK CHAUHAN GROWS FLOWER TOWERS



Kartik Chauhan lives a bungalow in Evington with his family. He is an Analytical Technician with a gardening hobby and is often seen in his front garden with his flower towers.

In the picture left Kartik has a mature tower of aubrieta growing in an aluminium tower that was previously used for packaging, so he is in effect recycling a waste product. The white towers you see in the picture are made from drainpipes and have begonias.

Kartik says "no matter how small a space you may have, you can always use some plants to make a display." Kartik waters his tower plants by making a central hole with a bamboo stick, so water poured in from the top reaches the lower plants.

Another passion of Kartik's is to grow plants that prefer a warmer climate. Indoors, he is growing guava fruit and black jamun. He would love to be successful with just one of these plants that grow well in the Gujarat region of India able to grow well outdoors in his Evington garden.

Thank you Kartik, for a fascinating visit to your garden. Helen Pettman



RIDE LEICESTER



10th July marked another annual cycle ride organised by Ride Leicester. It focussed around the story of Bella Wright and Ronald Light - 'The Green Bicycle Mystery'. Ride Leicester invited cyclists to come along to a partial re-enactment of this story. The ride started in Evington Park. Peter Simmons, ride leader, has commented on the similarities between 2021 and 1919 because both years were suffering from pandemics.

In 1919 it was a flu pandemic. Bella's death was a tragic loss of a young life. It caused a national outcry at the time. A highly qualified lawyer for the defence concluded that there wasn't enough evidence to convict Ronald Light of her murder. Many people do not agree with this verdict.

S. CROSHAW KITCHENS & BATHROOMS CARPENTRY TILING ELECTRICAL PLUMBING & HEATING HONEST & RELIABLE 22 YEARS EXPERIENCE For a FREE Quote contact Shaun on: 01 16 259 2728 or 0777 062 4542 shauncroshaw42@gmail.com





Become the best version of you

OLIVER MEYSNER



Oliver Meysner is a former City of Leicester College student (2008-2015). After six years of incredibly hard work, Oliver has just graduated from Jesus College Cambridge with a medical degree. He begins his career as a doctor at Leeds St James' Hospital. As proud parents we would like to wish him all the best for the future.

Julie & Andrew Meysner

EVINGTON ECHO DISTRIBUTOR WANTED

To cover Chalvington Close, Yelverton Avenue and other roads in this area. (145 copies distributed six times a year.)

If you can help, please contact Chris Hossack on 2415153.





Letters

Dear Readers,

UNIDENTIFIED ANIMAL SEEN

A couple of days back (10.07.21) I saw an animal that I could not identify, it came out of the trees between Evington library and Gisbourne Court. I thought at first it was a young deer, but, it appeared to have no fur and was pink in colour. It had swept back ears like an antelope, I wonder if anyone else have seen it in the area? An Oadby resident has suggested it could be a Muntjac deer.

Gary Barnacle

EVINGTON IN BLOOM CHALLENGE FOR CHILDREN BETWEEN 6 AND 12 YEARS

Design your very own bee-friendly garden for bees and visitors to our Leicester parks. First prize £30, second prize £15 and third prize £5 and send to the Editor.

You might even like to enter the .'Radio 2's Big Bee Challenge'. Search this name and find more tips and fun activities.

HEDGEHOGS IN HOLES

I am concerned about deep holes in the road that are left uncovered.

There are now fewer than one million hedgehogs left in Britain and they face many hazards. They need to be able to move around freely at night and travel long distances in search of food.

All holes should be covered, especially at night.







EVINGTON BOWLS CLUB

On a warm Sunday and Monday at the end of May, Evington Bowls Club held Open Days to encourage local residents to give this sport a try. They particularly wanted to encourage young people and people of all backgrounds to join this friendly club, which has two greens in Evington Park. The club is fortunate to have four qualified bowling coaches. In the event the two afternoons were well supported. Those reported enjoying attending experience and some have gone on to join the club.



Like all sport, bowls has been affected by the pandemic and the club has just the last few months of this season before closing over the winter months from October to March.

If you missed the open days in May and would like to find out about bowls, then come along on Mondays between 5.50pm and 7.30pm for a session of free coaching. Under 16s must be accompanied by an adult. All equipment is provided - you just need some flat soled shoes/trainers.

For more information contact Harry on 2204525 or Min on 07815073223

Min Ingram, President

COWS IN SHADY LANE (29.06.21)



Picture courtesy of Leicestershire Live

Evington was in the news when someone reported to the police that there was a cow loose on Shady Lane.

Leicestershire Live said that after police officers responded to the call they were shocked to find that it wasn't just one cow but 300 cows across the road.

"with the work of several farmers in the area ... the cows have been 'mooved' back to the original field."

Maybe a policeman muttered, "I'm not amoosed".

The cows had seized the moo-ment.

They were all safely returned to their field. The farmer counted them. He may have said, "I used a cowculator".



Picture by Daniel Kelly





by our highly experienced and qualified team:

- Advanced spectacle lens designs
- Multifocal, daily disposable and specialist contact lenses Optomap widefield retinal screening
- Dry eye management

Contact us for further information, or book an appointment online:

45A Downing Drive, Evington, Leicester, LE5 6LL t 0116 243 3755 e info@evingtoneyecare.co.uk www.evingtoneyecare.co.uk



WHY DO WE NEED TREES?

Suresh Mistry follows the work of 'One Planet Living' and also writes in because of our appeal for articles about a vision for a sustainable future. He wishes to remind the Evington Echo readers of the many reasons that we need trees, not only in the world as a whole but here in Leicester and Evington. He summarises as follows: Trees are able to remove excess carbon dioxide and convert it into oxygen. The main driver for increasing carbon dioxide is human activity.

Trees have many benefits for our mental and physical health.

Trees provide crucial habitat for wildlife.

Trees provide shade in our streets and our livestock sheltered from cold, hot or windy conditions.

Trees are useful as flood defences.

Trees help prevent soil erosion.

Trees help protect our watercourses from harmful pollution in run-off.

So please find room for a tree in your front garden. Minimalist concrete gardens are not only a flood risk, but they can also change the whole microclimate of your street and turn it into a dirtier, dustier, windier and warmer place. No greenery means less carbon dioxide absorption, more pollution, less wildlife. With surfaces absorbing more solar heat they can turn your patch into a heat island. It is better to use gravel or porous paving for your front garden car park, but do find room for trees, shrubs and any other soft landscaping you can fit in.

Ref: One Planet Living

YOUNG PEOPLE AGED 11-25 ARE BEING ASKED FOR THEIR VIEWS TO MAKE LEICESTER AND LEICESTERSHIRE SAFER.

The survey is on-line at https://www.surveymonkey.co.uk/r/HXW FT8V.

For more information contact Police.Commissioner@leics.pcc.pnn.gov.uk Tel: 2298980.

HOW SAFE ARE OUR STREETS?

"To make our streets feel safer for women and girls, we need to prevent crime and this means targeting resources in the right area to address vulnerability."

There is a survey on line: https://www.leics.pcc.polic.uk/Have-Your-Say/Consultations/Safer-Streets-Survey.aspx

For more information contact commissioner@leics.pcc.pnn.gov.uk or telephone 2298980 If you are not online.

SCAMS

There are a number of covid-related scams, please never give your card details ever to anyone; if they are asking for your bank details its a con!!!

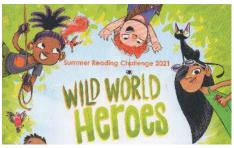
GROWN-UPS 'GO WILD' READING!

Leicester libraries summer reading challenge isn't just for kids. Borrow and rate six books between 26th June and 31st August 2021 and you could win £30 worth of books.

For more details ask at Evington library or go to

Leicester.gov.uk /summerreadingchallenge.

SUMMER READING CHALLENGE 2021 3RD JULY TO 4TH SEPTEMBER

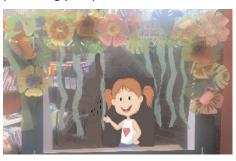


This challenge offers children aged 4 to 12 a Summer of reading fun that will inspire them to 'Stand Up For Our Planet'.

Pick up your reading pack from Evington library, borrow books (e-books, audio books, comics, or magazines) Go on line at #WildWorldHeroes

(www.wildworldheroes.org.uk) for reading ideas, messages from your favourite authors and games. You get ideas about how you can make a difference to your environment. The pack encourages children to review 6 books.

In Evington library there is a photo booth for you to take a photo of yourself – a wild world hero, with the option of promoting your picture on social media.



Don't forget, you can book time on one of the computers in Evington Library.





SAXBY PRESS LABELS



Same Day Service Available
For all your label requirements at a
competitive price

Email saxbypress@hotmail.com or Call 0116 2733378

38 - 40 Main Street



Evington Village

Opening Times Mon - Sat 6am - 10pm and Sun 7am - 10pm 4016 273 8616





Search Snappy Shopper on the app. store Browse groceries, etc. Order and delivery to your door in 30 - 60 minutes.





Serving Evington Village with fresh products

Proud to support local businesses and keeping things local, we have daily deliveries from Hambleton Bakery. Various sweet and savoury bread, cobs with many lines of savoury and sweet delights to tempt. Orders taken for collection in store. All fresh and cooked meats, pies, faggots and sausage rolls from Leicester's most prestigious butcher, Joseph Morris.

Our fantastic beer and wine range at promotion prices. Vapes from £2.50, tobacco, confectionery and groceries. National Lottery. Hermes. Payzone. Costa coffee. Rollover hot dogs. FWIP Icecream. Freal milkshakes.

We support the community by connecting people to local support and information. We are a distribution hub for the Evington Echo.



COVID-19 WALKERS AND TAI KFRS **JULY 2021**

At the time of writing we have walked for 471 days (= 1 year + 15 weeks + 1 day [08.07.21]). What has it done to us?

Just so you know where we are coming from, we start by stating that we love food, we adore eating and we hate cooking. Naturally the lockdown has forced us to behave differently through necessity.

The lockdown has made many of us think about food. In the beginning there were concerns about not being able to get food. In some quarters panic set in, which led to the stockpiling of tinned foods, rice, when it could be purchased, flour became scarce and yeast became like gold dust. We added a couple of tins to the weekly shopping basket and many of them remain untouched in the cupboards waiting for that rainy day and the just-incase moment.

With an increase in the length of time that many of us were at home, and that certainly included us, theoretically, there was more time to cook. People began to get very adventurous with their cooking. Friends were producing bread spending hours trying to perfect their sourdough loaves. We're sure that it tasted delicious, homemade food often does, but our thinking is that life's too short to contemplate such activities; we prefer to walk. Other friends were baking cakes. What's not to like about that if you are amongst the chosen ones selected to try said cakes?

People set about striving to perfect their culinary skills which was very good, although not for us. The airwaves were hot with recipes. We could no longer go out for breakfast, lunch, tea or dinner so we were having to rely on our own, possibly imperfect, culinary skills.

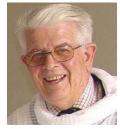
You will probably have a view of us in this context by now. However, what has surprised us is the amount of time we have spent thinking and talking about food. It has ranged from discussing spices added to particular dishes to planning menus, almost as an abstract exercise as often they never saw the light of day. An example. Fantasising about a mushroom risotto!" A few recipes were read so that the gist of them was understood. The risotto rice was sourced and purchased, as were three types of mushrooms including funghi porcini. Even a bottle of white wine was purchased for the phantom meal. Fortunately neither the funghi nor the wine will deteriorate within the coming year, so there's no desperate rush to get this particular meal cooked. In effect, we have created a 'cloud' recipe book with delights awaiting future retrieval.

We also had conversations about purchasing local produce to support local businesses, to reduce logistics' miles. We did purchase locally produced bread, including the wonderful sourdough, milk from neighbourhood cows, rhubarb from friendly gardeners, etc. It all generated a wonderful wave of warmth that increased our body temperatures as we walked on icy cold mornings. It also helped to exercise our brains whilst encouraging our creative juices to flow along with our salivary ones.

There's a lot more that we could say about our musing in relation to food but we'll stop for now. Until next time, take care and enjoy your walking!

Val Fisher Suzanne Overton-Edwards

30 YEARS WITH AN ETHIOPIAN EDUCATIONAL SUPPORT CHARITY FROM DEVELOPMENT TO CIVIL WAR IN THE NORTHERN TIGRAY



REGION An Evington resident called David has founded and now administers the UK registered charity African Children's Educational Trust (A-CET). He has been involved for over 30 The charity years. works in Ethiopia

with a partner local charity - the Ethiopian Youth Education Support (EYES), and is based in Mekelle City, capital of the Tigray EYES is a small, flexible local Region. based charity run by Ethiopians for **Ethiopians**

This multi award winning A-CET charity has fund-raised over four million pounds, but has never employed paid staff, relying on volunteers in the UK, and students in Ethiopia. With the funds EYES has supported and educated over 500 vulnerable youngsters with long-term full scholarships into gainful employment or self-employment, plus constructed and







"We preach not ourselves, but Christ Jesus the Lord"

EVINGTON CHAPEL

(Baptist)

Welcome to our meetings

Sunday: I I am and 6pm Wednesday: 7.30pm

Other meetings as announced

www.evingtonchapel.org.uk

For further information contact: 0116 2412087



A. K. DAVIS

All building work Carpentry & Joinery undertaken 30 years experience High quality workmanship Very reliable 26, Downing Drive Evington Tel: 0116 241 2401

Mob: 07711768078



furnished ten rural government-run community schools and two church residential schools, all equipped with mains or solar power.



Proving untapped potential whenever opportunities arise, two post-graduate students from De Montfort University now work in high level overseas appointments: one as a European charity country director in Uganda and another as a senior executive with a US bank based in New York.

Sadly after two decades of incredible progress and development, in November 2020 Tigray was plunged into civil war when armed conflict broke out. An administrative change was militarily imposed in the region, with a subsequent breakdown in basic infrastructure, services and security.

Since early 2020 all schools, colleges and universities had been closed due to the Covid-19 virus pandemic. After November 2020 everything in life changed, but EYES knew exactly what was needed. With positive local community support, EYES was immediately able to switch from an educational support role to that of providing urgent extra relief that was often unavailable through the bigger established international relief

organizations, as displaced families sought shelter in the capital city.

EYES continues to pay its monthly indexlinked scholarship allowances to its remaining long-term students, even though no students have been able to attend physically or online for their education



We had maintained strong links with the local Red Cross Society and after initial discussions, EYES was advised that there was a dire need for some essentials among the tens of thousands of displaced families flooding into the capital city for their relative security. These IDPs 'Internally Displaced Persons' are in camps generally accommodated in the currently empty unused city schools or warehouses. Many of the women had given birth in desperate make-shift circumstances.

The local and international Red Cross, WFP and other international agencies are



providing some food and water with

medical support from MSF and others.

EYES, with funds provided through A-CET, have been able to provide a variety of 'extras', but its biggest asset has been the locally donated goods from Mekelle business people and residents who have more than doubled in value the financial assistance received from A-CET. These have included body and laundry soap, milk powder, nappies, with ladies sanitary items plus children's clothes and underwear and large cooking utensils.

These goods are being distributed by EYES with local Social Services oversight, using its ex-students, circus and football team volunteers. Help is provided in a dignified, disciplined, organized and fair way - to a desperate, often deeply traumatized people - giving them positive hope for a better, brighter and secure future.

Currently EYES with its volunteer teams have distributed this support to nearly 12,000 families. Distributions are often attended by famous local footballers and professional comedians to cheer up the morale of these often confused families who have lost everything. EYES has also arranged celebrations such as festive meals and entertainments for the children. But probably by far the most exciting of our 'gifts' were footballs or netballs with sports kits - so that the orphaned or abandoned youngsters could, for the moment, forget their troubles.

A-CET is a Registered Charity 1066869 in England & Wales

For videos &/or updates please go to www.a-cet.org or Facebook: EYES or A-CET/EYES Photos © A-CET David







Please help now support us to alleviate suffering in Northern Ethiopia.

Donate through PayPal or website https://a-cet.org

African Children's Educational Trust Registered Charity 1066869



HOW DO YOU FANCY BEING INVOLVED IN A SMALL, LOCAL PARADISE FOR WILDLIFE IN **EVINGTON?**

As part of Evington in Bloom and Evington Community Nature Reserve, some volunteers from Friends of Evington have been working to develop the Garden of Hope on Davenport Road. With its south-facing seats and little walkways around the flower beds and woodland, this little garden provides a lovely place for people of the local community to meet and relax.

The flower beds and wildflower grassy margins provide a diverse range of plants and flowers for bees, butterflies and other useful pollinators, but what of the small woodland behind?

We've begun by fighting back nettles and brambles to establish a pathway through the woodland. Along the route, we've placed tree trunk sections for seating and, at the back, have established a compost heap and a wood pile. Other than that, we're thinking about introducing features that would be interesting to look at and helpful to wildlife.

Here are some of our ideas:

- a blossom, fruit and nut thicket of crab apple, bird cherry, hazel, hawthorn and blackthorn;
- a 'fruits of the forest' forage area where people can gather herbs. blackberries, sloes, wild strawberries and raspberries;
- a bog garden to provide a greater range of plants and a habitat for hoverflies, frogs and toads, damselflies and dragonflies;
- a birds' winter larder in which shrubs, crops and climbers provide winter berries and seeds;
- islands of woodland bulbs. wildflowers, shrubs and ferns.

So those are our ideas, but we'd love to have the community's thoughts and involvement. Why not have a stroll through the woodland and let us know how you would like to see it developed and how you would like to be involved.

Email: contact@littlegreenshoots.uk Website for more information: www.littlegreenshoots.uk



A BEAUTIFUL **ROUNDABOUT BED**

on the junction between The Common, Hawthorne Drive and Headland Road.



ESTATE TREES IN CORDERY ROAD



This picture taken in Cordery Road shows some of the Estate trees that were formerly part of the estate that we now call Evington Park. The Estate in the past was much bigger than the 44 acres of Evington Park of today. In 1947, the Sawday family sold Evington House and land to Leicester Corporation at a low price so that these facilities could be kept in perpetuity for the benefit of people of Evington and the public in general.

GOODWOOD ROAD BEE-LINE



EVINGTON GARDEN CLUB

Further to the News Letter issued direct to members dated 9th April, and subject to the continued relaxation of the 2 metre social distancing rule after 19th July, the following programme of meetings will be held.

17th August. Talk on the National Gardening Scheme, by Pat Beeson. 21st September. Talk with Plants for sale, by Mark Goddard. October. 19th Wild Flowers

Waterways, by Mary Matts. 16th November. My life as a Gardener Designer, by Karen Gimson.

14th December. Who wants to be beside the Seaside?, by Felicity Austin. This will be a Christmas Event.

Members please note that, as advised in the 9th April notification, all meetings will be held in the Village Hall in the afternoons commencing at 2.30 pm. Doors open 2.00pm.

The scheduled meetings will be open to Club Members only.

Queries should be directed to Peter

Jackson, tel: 07946572988.

BEES IN HIGH STREET, **EVINGTON**

Back in June, while workmen were on the roof of the flats off High Street, they inadvertenly dislodged an old bird box that fell to the ground and broke. The next thing residents noticed was that there were many black looking insects buzzing around outside one of the residents' window.

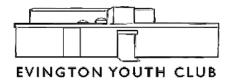
Fortunately, a local bee keeper from Bushby called Melvyn Dines, came along wearing his full gear and moved the bees to a better place. He said that the guard bees that were still buzzing around would soon disperse and go and protect their queen. These were wild bees, so of no interest to bee keepers who have the right to collect swarms of honey bees.

The picture shows some residents enjoying their community garden for the High Street flats and there is a new bee box on the right of the picture that has been put up by an unknown benefactor.



Page 8

EVINGTON YOUTH CLUB ROOF APPEAL



A Youth Club in Evington was organised by Mr. Bert Healey over 80 years ago and it took place in the old village school hall that used to stand on the parade of shops in Main Street. Bert organised table tennis and darts for the young people and the occasional dance which had the hazards of knot-holes in the village school hall. Music came from 78 rpm records played on an old wind-up gramophone.

In 1964, Evington Boys' Club was set up as a charity and opened by the singer of traditional pop music, Frankie Vaughan, who was also much involved with youth work and the social problems of the young. Frankie Vaughan eventually became vice president of the National Association of Clubs for Young People and was awarded an OBE in 1965 and a CBE in 1997 for his work in this field.



A photo of Evington Youth Club taken before lockdown



The plaque on the front of the Youth Club building. The Club was opened by Frankie Vaughan in 1964.

Two local people to mention for their long-time service to Evington Youth are Pauline O'Brien (a Chairperson and life-long fan of Frankie Vaughan) and Bill Swinford supported by his wife Maureen Swinford.

In November 2009, Bill received an Honoured Citizen's award as he has been involved for over 30 years with this club and other services to the community.

He also received an MBE. Bill said, "There aren't many places for kids to go in the area, so the Club is important and I try my best to make it as good as it can possibly be."

After makeovers to keep the Club in good repair, the situation has changed. Bill has resigned due to ill health and patch-ups don't last for ever. On his retirement Bill had given over 50 years service to the club. Both Bill and his wife Maureen have accepted the honorary positions of President and Vice-President and they urge you to help support the fundraising appeal for a new roof.

In recent years, the club had become known as 'Evington Youth Club' and its name was changed officially on the Charity Commissioners' website earlier this year. The aims of the club are to provide young people with recreational activities and opportunities for positive development. There are eight trustees, who wish to move forward with their plan to get the club reopened.

"Work is starting on the roof on the 2nd August. The club can't open without having the roof renewed and the bill will become due in the middle of September. The club has been offered the opportunity of an interest-free loan to pay for the work, if necessary, but would prefer not to take up that kind offer.....so this Youth Club Charity would appreciate all the help it can get to avoid having to use the loan facility.

We have exciting plans for the future and hope that younger readers will get involved to help shape future projects and activities."

The initial target, which is being set up through crowdfunding, is £10,000.

There's lots more information available on the website: https://evingtonyouthclub which has the funding link.

Contributions are welcome. Send them to the Editor or take them to Bennett's Hardware Store. Page 9

SUMMER POEMS BY FIONA HOSSACK

HOPE FOR THE FUTURE.

This can't be right!
We're all so uptight
With things that we watch on TV.
The National news
And everyone's views,
There's trouble in all that we see.

Please send us some peace And let troubles cease, Put an end to this deadly disease, So folk cease to sigh And people don't die And medics are put at their ease.

Oh let there be plenty Of beds that are empty In hospitals peaceful and still, With businesses open Finances not broken And money going into the till.

So let us recover
From this and all other
Diseases that may come our way,
Thus we will be thankful
And possibly joyful if
COVID is gone by next May!
Fiona Hossack. Lockdown Poetry 2021

SONNET FOR A SUNFLOWER

The yellow sunflower, by the garden wall, Lifts up her golden petals to the sky. And as no other flowers grow so tall, She's there to greet the many passers-by. Just like a princess with her golden crown, She holds her head up with a regal grace, With velvet colours in her summer gown, Bespangled with the spiders' silvery lace. While peacefully she's nodding in the breeze,

Her seeds are ripening in the summer sun, Providing food for birds and drink for bees.

And for the children, competition fun. And so the sunflower in her beauty there Is giving joy for all the world to share. Fiona Hossack. (2012)

SUMMER BY THE SEA

For my daughter.

Where are you paddling, Little girl, little girl, Where are you paddling today? Down in the shallows, by the seashore Where the happy children play!

Where are you swimming, Big girl, big girl, Where are you swimming today? In moving waters, cool and bright, Out in the sandy bay.

Where are you diving, Daughter, my daughter, Where are you diving today? Down in the deep blue waters clear, Where fishes shimmer and sway.

Where are you sailing Dearest, my darling? Where are you sailing today? Sailing home over swift rushing waves Through foam and the salty sea spray. Fiona Hossack. April 2007

SUMMER EVENING

The sun sets in a blaze of gold and red, Leaving tints and trails of pink and mauve. A bird flies slowly through the fading light, Its shape a silhouette against the sky.

In the twilight, soon the bats appear, Skimming and swerving after insect prey.

Through the dark, the prickly hedgehogs come,

Snuffling for their food in unseen bowls.

The hunting owl swoops swiftly through the air

With harsh, screech cry or softer twit-

A fox emerges from his daytime sleep, On the prowl for something good to eat.

The evening star is shining clear and still, A heavenly body in the sky at night: The onlooker recalls the ancient names, Venus in Latin, Hesperus in Greek

Fiona Hossack. Lockdown Poetry 2021

Further poems for Summer by Fiona Hossack are on the Evington Echo website.

NUPUR ARTS HERITAGE PROJECT



Just a glimpse of the beautiful exhibits at the Nupur Arts and Youth Association's Gujarati Heritage Project at New Walk Museum.





Award winning
opticians locally and nationally
Providing an award winning service for NHS
and Private patients. Registering new patients
now. Home Visits also available for elderly
or housebound. Care Home Eyecare
services. Late Evening

Appointments.



To book an appointment:
Tel: 0116 273 0072
26 Main Street, Evington Village,
Leicester, LE5 6DN
Email: info@theeyeclinics.com
Visit us: www.theeyeclinics.com

the eye clinic



A. J. ADKINSON & SON

Funeral Directors
Family Owned & Run
Established over 100 years

Chapels of RestMonumental WorkP

• Funeral Plan

- CateringPre-Paid
- Pre-PaidAmple Parking

12 London Road, Oadby Leicester. LE2 5DG

Telephone 0116 271 2340

www.ajadkinsonandson.com

CREATE TOGETHER

Covid restrictions in Leicester have affected Leicester more than any other city in the UK.

Sandra Pollock OBE and Sonia Thompson co-founders of Inspiring You CIC sat down to think about what they could best do to meet the wellbeing needs of some of the most vulnerable in the city.

They created a social network for a project, which addressed four of the five ways to Wellbeing targets: arts and crafts, self-confidence, exercise, and creative writing.

Some of the project aims included encouraging women from African Caribbean and Asian communities to discover their voices through creative writing. The planned result being either an exhibition of the created works or an anthology. Due to lockdown restrictions the anthology was the best option. 'Create Together: Our Voices, Our Hands, Our Lives' is the name of the book.

Both Sandra and Sonia were 'meticulous and passionate' and their sessions not only produced an amazing anthology, but enabled the participants to become much stronger within the process of developing a sharing network of like-minded people.

Indy Samra, who writes regularly for the Evington Echo said. "When I joined this course, it was with the expectation of learning to improve on writing my meditation scripts. Never did I imagine I would be writing poetry, children's stories, memoirs and fictional short stories. A journey which I shall treasure very closely to my heart.

During lockdown and winter months I

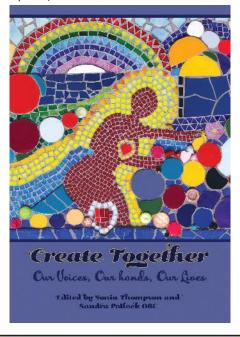
had the pleasure of meeting wonderful ladies on a weekly basis via Zoom, where we laughed, cried and of course learned priceless writing knowledge.

I feel truly grateful and blessed. Thank you Sandra and Sonia for all the knowledge and guidance you shared and for believing in me and my writing".

Here are some of Indy's haikus:

Life's Surprises
The journey of life,
Always twisting and turning
Unknown surprises.

Samay – Time Samay, holli chal Eni kaali kadi aa? Thora jeha tamm (Time, slow down



What is the rush? Stop for a short while.)

"We knew what a difference this programme would make in helping women manage their stress and anxiety levels brought about by the long period of lockdown during the Covid-19 pandemic.

It was an opportunity to give them much needed support and consideration.

We are more than delighted with the outcome and proud of the skills these women have developed.

Now many of them are published authors and have a passion for writing, something they had never imagined.

The project was funded from the Coronavirus Community Support Fund, distributed by the National Lottery. I would certainly do it again if I could." Sandra Pollock OBE.

'Create Together' is available to purchase from most book shops and online. ISBN 1838407707.

CHRISTIAN AID COLLECTION

Chris Hossack is pleased to report that the house to house collection in May for Christian Aid, with envelopes being returned to Nisa store in the village, amounted to £1380 from Evington village and Stoughton. Many thanks to all.

The 'Giving Thanks for our Vaccine' total to date is £927 and remains open via the link:

https://giving.tapsimple.org/online/christ ian-aid/leicestercag

Guiding you through those difficult legal life-changing times.

Gerard James is a family-owned Estate Planning practice committed to providing you with a friendly, efficient and yet affordable, professional service.



- Wills
- Trusts
- Lasting Powers of Attorney
- Funeral Plans
- Probate Administration
- www.gerardjamesestateplanning.co.uk

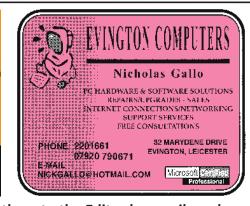
Please contact Gerard O' Halloran today

07905 748073



Gerard James Estate Planning Ltd working in association with Countrywide Tax and Trust Corporation Ltd









SUMMER SELF-CARE

Self- care is vitally important for everyone to help boost and maintain positive mental health and physical wellbeing.

If we do not practice self-care it can affect our health possibly causing anxiety, low self esteem and depression. It is vital to take time out daily and make ourselves a priority. Some self-care activities can be for a short period easy to fit in daily and other suggestions are longer.

You can enjoy self-care alone or with family and friends, that way more people get to benefit from self-care. Below are some ideas for you to try.

Arrange a picnic or barbecue with friends and family.

Stay hydrated by drinking plenty of water especially on warm days.

Stand a few minutes on grass bare foot whilst taking some deep breaths.

Go for a walk in the park. Alone to clear your mind or with a friend to have a catch up.

Create a summer feel good playlist of your favourite uplifting music.

Have a long soak in the bath. Use Epsom salts with a few drops of lavender oil to help you unwind and relax.

Visit and explore a place you have not been to before.

Watch the sunrise or sunset.

Release your inner child, sing and dance, be carefree and childlike.

Sit in silence outside. Nature is so calming, sit in a green space.

Meditate, find a guided mediation on all audio platforms. Depending on how much time you have you can pick a short or long

Laugh! It is truly the best medicine. Watch a comedy movie, tv sitcom or short clip-on social media.

Do nothing. Grab a cup of tea or coffee and put your feet up. Just mindfully take each sip enjoying the flavours of your beverage.

Start a new book, try a poetry, or short stories book.

Have a great summer and message me which ones you tried by contacting me through the social media links.

Indy Essence.

	1	2		3		4		5		6		
7				8								9
IO								11				
				201								
12			13		14		15		16			
		17									. *	
		18								19		
20									21			
				22		23		24				
25								26				
				27								
1	28					, etc		29				

Compiled by R. Tracy Solutions page 15

DOWN

ACR	oss	
1 5 8 10 11 12 16 17 18 20 21 25 26 27 28 29	LOVE AFFAIR	(4) (5) (5) (5) (4) (9) (4) (4) (5) (5) (4) (4)



To receive help or advice from your MP, Leicester East, residents can book a video or telephone meeting.

For more information go to: www.claudiawebbe.org

To contact me: E-mail: claudia.webbe.mp@parliament.uk

Follow me on Twitter @Claudia Webbe

Mobile: 07973816885

Freephone: 08007999870

Constituency Office: 218 Uppingham Road Leicester LE5 OQG

ВООНОО

Ketan, an Evington resident, is in the process of writing his first short story for publication. He has been writing for a number of years and he has spent two years at the Manchester Film School to practice his skills in script writing.

Below is the first few paragraphs of Part 1 of his script. You can read the full Part 1 script online at www.evingtonecho.co.uk. Search for 'The Princess of the Arachnids'.

Once upon a time in a distant planet not so different to earth...

A great large female Latrodectus the size of a bear attacked a human's nest called Palmeria. She led a large army of spiders to wreak havoc against the humans. They were victorious, most of the humans were massacred, their nest destroyed, and the ones who survived fled to the humans' strongest defence called Motherland, a giant nest that was ruled by King Valentinus. The outskirts of the Motherland would emit a large fire whenever the spiders attempted to ambush.

The humans called the great Latrodectus 'Rowan the black widow'. As the spiders marked their territory on Palmeria, Rowan heard the distant cry of an infant human girl. Fascinated by the infant's petite body, Rowan gently caressed her long prickly legs over the girl; to her surprise, the girl's weeping turned to laughter.

As the rest of the spiders formed a giant web over the nest of Palmeria, Rowan made her decision not to kill the girl and to raise her as if she were a spider herself. The humans would call the girl by the name of Astarya.

Rowan raised Astarya in Palmeria. Rowan treated Astarya with nurture, protection, and all the maternal instincts that a mother could apply. This odd relationship between the two would divide the spiders' view on having Astarya killed and eaten; though the dominant presence of Rowan would quickly diminish those who opposed her. Rowan was infertile and out of despair had eaten her last three male partners following their unsuccessful mating rituals.

She continued this perverse act of sexual cannibalism by releasing chemicals on her web to lure the male Latrodectus into believing that she had already eaten lunch.

As Astarya reached the age of 4, she spent most of her time crawling more than walking and was always by the side of Rowan. She interacted with garden spiders, water spiders, trapdoors, jumpers, spitters, and net catchers; acquiring deep knowledge in weaving, jumping, and climbing. Rowan would keep Astarya away from newborn spiders, as they would eat their siblings.

The young girl was never afraid of the spiders; however, one day while weaving with the water spiders, she saw her reflection and felt ashamed and embarrassed that she could not create her web or possess eight legs. Astarya could not comprehend the distress she endured. Rowan could not understand why Astarya would cry. Every time she would weep and whimper, all Rowan could do was comfort her or leave her alone until she had wiped her tears away.

NEW HOUSES ON GARTREE ROAD



Plan of Housing Development



The housing estate opposite the previously named Farm Park (which includes the 'Cow and Plough') on Gartree Road is called Stoughton Park and it is being built by developers called Bellway. The Bellway notice shows a plan of the development of 2,3,4 and 5 homes and bedroom the photograph adjacent (17.07.21) shows construction is well underway. The building work hasn't started on the land next to the old Farm Park.

On 19th May, Boohoo, the fashion giant listed all their current suppliers on their website (www.boohooplc-corp/files/ukmanufacturing-list-^o 40-19-5-21.pdf)

Although the company purchases garments from across the UK, the vast majority are obtained from 69 different sites situated across Leicester (sites that employ a total of 2,210 people).

Boohoo say the companies are all ethical employers. Independent investigations conducted by trade unions need to confirm this.

LOROS CHARITY

Hospice Care for Leicester, Leicestershire & Rutland

Their fundraising events can be viewed online.

Their spectacular public art event is called 'Rocket Around Leicester Art Trail'. This event is blasting its way across the city for 10 weeks this summer. It will be the biggest that Leicester has as ever seen!

The Euro City Cycle is a brand new cycle challenge from 1st to 5th September, which will see you peddling your way 271 miles across the UK, Belgium and Holland with a team of enthusiastic LOROS supporters, before heading back home in style on the Eurostar.

The Loros Firewall is on 15th September.

Could you handle the heat for LOROS? For the first time ever, LOROS Hospice is giving supporters the chance to take part in a sponsored Firewalk!





HOW DO I 'DRIVE GREENER'?

This may seem strange but, when I'm out in my car, I'm driving with a self-imposed speed limit, lower than the national maximum. This involves sticking to 50mph on roads where 60 or 70 are allowed. Generally I am pretty good at driving up to the speed limit at all times (bar a few mistakes). So far I've never had a speeding ticket – although I'm wary of putting that bit of personal info out there as it will guarantee getting caught by a speed camera in an unguarded moment very soon. So why impose a reduction in my personal speed limit?

The simple answer to that question is that I want to drive 'greener'. I've read that reducing speed from 70 to 50mph can reduce petrol consumption by around 15°? For those who have invested in electric cars, the same change in speed can increase the battery range by up to 70 miles, depending on the model and battery size. In either case this means reduced energy costs and, more importantly for me, less carbon dioxide produced through burning fossil fuels.

Imposing the lower speed limit on myself involves certain exceptions. For example, if I'm on a single carriageway with cars behind me, I will drive at 60mph as the 50mph imposition is meant to be on me and not all other road users. Also, I'll occasionally have to bust it in order to overtake vehicles that are doing, say 49mph. I don't want to become one of those drivers who pull out into the faster lane in order to overtake a vehicle by driving 1mph faster and taking an absolute age over it!

There are a couple of other environmental factors that can be improved with 'driving greener'. One is the amount of dust from the wearing

TURN TO US FOR HELP

AND SUPPORT

In your time of need we'll take care

of all the funeral arrangements.

down of brake pads; the other being the plastic particles dispersed in the environment — especially in rivers and lakes — by the wearing down of tyres. The former can be tackled by reducing braking force and the amount of braking required.

Please excuse me if the physics teacher in me pops out for a moment, pointing out that braking force is used to transfer away the kinetic energy (movement) of a car and bringing it to a halt. The greater the speed of the car, the greater the kinetic energy. In fact if you double your speed, your kinetic energy quadruples as it depends on the speed squared (ke = 1/2 mv2 anyone?!?). The upshot of this is that by driving at 50mph instead of 70, braking force is almost halved which should reduce brake pad wear and tear significantly.

As for tyre particulates, one way of reducing them is to drive gently – which means less rapid acceleration and slower manoeuvres like taking bends and corners. Lower speeds should help contribute to this.

All in all, I suppose the best way to drive 'greener' is not to drive at all and cycle, walk or take public transport but, when driving is required, I'll try my self-imposed speed limit and let you know how I get on. Jeff Henry

FORTY YEARS AGO - THE EVINGTON ECHO REPORTED:

1. About the East Leicester Plan.

The article pointed out that improvements had been made in inner city areas and said it was time to think about Evington and our part in the plan. What amenities are lacking? Should Evington be declared a conservation area? (Note: Evington Village was designated

2. An article highlighted the dangers of this embankment near St. Denys Church



There are dangers due to poor visibility in the direction of Shady Lane, hiding the junction with Stoughton Lane on the left. The City Engineer's Department came to inspect and plans for road markings were made. Mr. Barry Coleman thought the curving bank needed to be straightened, but this was said to be too complicated and costly.

- 3. St. Denys Church members voted in favour of women becoming priests.
- 4. Shops were boarded up along Evington lane.

LOOKING BACK ANOTHER 40 YEARS

- 5. In 1941, the Cedars was a private house and there was another pub called 'The Horse and Groom' that stood on the corner of Main Street.
- 6. In 1941, the Pochins lived at Evington House.
- 7. In 1941 Evington Hall on Spencefield Lane was owned by Mrs. Poston and in the 1930s had housed Spanish refugee children during the Spanish Civil War.
- 8. On the site of the Main street parade of shops was a Church of England school run by Miss Wilkinson.





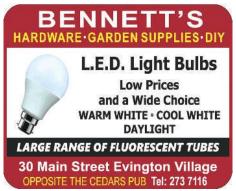




Part of Dignity plc. A British Company.

Dignity

CARING PUNEZAE SERVICES





FAMILY EVENTS IN LEICESTER DURING THE SUMMER HOLIDAYS

- 1. Earth from Space. National Space Centre, Leicester. 10th July to 5th Sept. (Adults £15.50. Children 5 16 £12.50)
- 2. Wishing You Were Here Newarke House Museum. July 17th 26th Sept. Free entry.
- 3. Rocket Round Leicester. Leicester City Centre. 19th July 26th Sept. Organised by Loros. Biggest public art event in the city.
- 4. Rockets to the Moon. Leicester Guildhall. 12th August. Themed crafts. £3.00 per person 11.00am 3.00pm.
- 5. Sky Ride Leicester. Sunday 24th August. A traffic free bike ride through Leicester 10.00am 4.00pm. Loads of free things to do. Register for a place online to receive a free bike check.

LEICESTER MUSEUMS

New Walk Museum. Mon.-Fri. 11.00am – 4.30pm. Sat./Sun. 11.00am – 5.00pm.

Leicester Guildhall. Mon.-Sun. 11.00am – 4.00pm.

Abbey Pumping Station. Mon.-Sun. 11.00am-4.30pm.

Belgrave Hall. Weds. 11.00am-4.30am and first full weekend in month on Sat. and Sun. 11.00am – 4.30pm.

Newarke Houses. Mon-Sat. 10.00am – 4.00pm.

Jewry Wall. – Closed for refurbishment.

The King Richard III Visitor Centre is open during the school holidays from 10.00am – 5.00pm. It isn't free.

Heritage Open Days. 10th – 19th Sept. Look out for more information in libraries. Many buildings are open to the public for free.

LEICESTER PARKS

Abbey Park, Victoria Park, Spinney Hill Park, Evington Park, Evington Arboretum, University of Leicester Botanic Gardens (Oadby), Aylestone Meadows.

Then further out but still in Leicestershire there is Bradgate Park, Watermead Country Park, Wistow Maze and the National Forest.

For more events, Leicester City Council have a website 'Visit Leicester'. There you will find a blog called 'Uncover the Story'.

EVINGTON GARDEN CLUB

(Members only) 17th Aug. and 19th Oct. (See page 8)

Where girls learn without limits Open Day 15th September sirjonathannorth.org.uk SIR JONATHAN NORTH GIRLS' COLLEGE Lianheart Educational Trust

SMALL ADS

Trade and professional rate £2.50 for a maximum of 25 words. All other rates; 50p for maximum of 25 words including telephone number, except for adverts selling items over £1,000, which will cost £5 for a maximum of 25 words Please write clearly and leave your ad. with payment, in an envelope marked Small Ads at Bennett's Home and Garden Supplies, 30 Main Street.

DON'T MOAN ABOUT MOWING Contact J.B.GARDEN SERVICES (Large & Small Lawns & Other Gardening Jobs) Tel: 259 3336 Mobile: 0780 125 9687

FOR SALE ROYAL DOULTON CHARACTER JUGS Tel: 2431123.

FOR SALE JESSOPS 35MM SLIDE SCREEN Unboxed but very good condition £10. Tel: 07982972594.

FOR SALE GOLF KIT Clubs (right handed) and trolley £20. Tel: 07982972594.

FOR SALE GOLF EQUIPMENT Clubs and bags, etc. Offers. Tel: 2738365.

FOR SALE GOLF KIT: Clubs, bag, trolley, etc. etc. Suit beginner. Sensible offers. Will split. Also bowls bag £8. Tel. 2413150.

COFFEE MORNING - CHURCH OF GOD DOWNING DRIVE

Starting Friday 3rd September from 10.30am to 12.00noon and then continuing on the first and third Friday of each month. All welcome.

EVINGTON VILLAGE VIRTUAL SHOW

(See page 2)

Submit your photos from 1st Aug. to 11th Aug. to jmpelmore@yahoo.co.uk

CROSSWORD ANSWERS - grid on page 12 Across

1. FLEA, 5. FATE, 8. LEGAL, 10. ELATE, 11. AMOUR, 12. EVEN, 16 UPON, 17. RACEHORSE, 18. CARTILAGE, 20. NULL 21. EAST 25. SENSE, 26. RAISE, 27. AWARE, 28. SCAR 29. YOGA.

Down

2. LEADER, 3. ALES, 4. AGUE, 5. FLAT 6. TROUPE, 7. TELEPHONIST, 9. GRANDFATHER, 13. NASAL, 14. HEFTY, 15. HOLLY, 16. USAGE, 18. CLINIC, 19. EATING, 22. DEAR, 23. WEAK, 24. DREY.



Do you have a property to sell?



Consult with Richard our Senior Sales Valuer before selling your property!

NEWTONFALLOWELL

Call us today to book in for your FREE property valuation...

0116 366 0990

Email: oadby@newtonfallowell.co.uk

Zoopla Trightmove



- Honest & Reliable Service
 - Free Estimates
 - High Quality Workmanship



Building Work • Bathrooms Kitchens • Plastering Plumbing • Electrics Floor & Wall Tiling

City& Guilds

07944 213 496



CITY MOWER SERVICES

Briggs & Stratton engine repairs Mountfield, Hayter, Honda Qualcast etc. Used Mowers & parts bought & sold Shears sharpened

Unit 5, 57a Gwendolen Road, Leics LE5 5FL 0116 273 4027



VACANCY



APPLY TODAY 0116 2736066

To care for those who once cared for us is one of the highest honours

Highest standards of professional care

Delivering home care to the elderly which includes personal care, mobility care and domestic tasks.

We wish to expand our business and so have vacancies for Care Assistants with compassion and empathy to join our team.

We require carers with language skills in English, Hindi, Punjabi or Gujarati who are DBS cleared and preferably able to drive.

- Full training given
- Excellent pay rates including holiday pay
- Morning and evening shifts available

Telephone for an application form and details about the recruitment process. Carers Direct Homecare Ltd.

> 50 Main Street, Evington, Leicester LE5 6GB Tel: 0116 2736066

OADBY FENCING & LANDSCAPING

All types of Fencing and Gates.

Domestic and commercial
garden maintenance. Domestic patios, paving, turfing, artificial grass and mowing.

Contact: 07960 009252 or 0116 271 3032

Email: justinsharp40@gmail.com

HARDWARE-GARDEN SUPPLIES-DIY

OPEN MONDAY-FRIDAY 9.00-5.00 SATURDAY 9.00-4.30



WIDE CHOICE OF QUALITY FEEDERS

30 Main Street Evington Village OPPOSITE THE CEDARS PUB Tel: 273 7116