

The Friends of Evington Trustees

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		Published Thursday
Dec/Jan '21	13th Nov	4th Dec
		4th Feb
April/May '21	12th Mar	1st April

GROWING TOGETHER AS COMMUNITY

(Continued from front page)

Normally in the summer, GraceWorks would be celebrating Evington's 'In Bloom' success, enjoying the produce everyone has grown together, harvesting the honey and sitting around the pizza oven savouring the delights of the garden, but this year has been different . .

GraceWorks is the social outreach project of Community of Grace (CoG), a charity for homeless people on Gwendolen Road. CoG has been supporting people who are socially isolated and homeless for over 50 years. In Evington, most of us know the GraceWorks Community Garden behind Wycliffe United Reformed Church and the lovely Place of Welcome that offers gardening sessions, lunch and a chat on Tuesdays.

Barbara from CoG said,

"Since March, when public activity had to shut down, people in the village have been asking what has happened to the GraceWorks garden and the produce? The answer is that we have



worked hard to grow as much food as possible and take it to people in need in the village and across Leicester."

At the start of the national lockdown, the team at GraceWorks met and had to make some very tough decisions. They knew the pandemic meant they had to shut the doors to the gardening volunteers and public but still wanted to help as many people as possible. They contacted One Roof Leicester and Evington Hill Top Allotments and decided to set up a food delivery service for people who had been homeless, isolated or were shielding from Covid19.

Craig from Evington Hill Top Allotments explained how it was more than just a food delivery service:

"We knew that the council and other charities were providing food parcels of basics but we wanted to get healthy, fresh food, fruit and veg out to people who could not shop or afford it. We supported GraceWorks in preparing new "no dig" planting beds and maximising their garden space for growing food. It's like Evington's 'Digging for Victory Project' that provides food for those in need across our city in these difficult times."



Since March, Wycliffe URC Church has been turned into a support hub helping over 35 people across the city, with visits every week, help with housing or health issues and a delivery of fresh vegetables, fruit and meat alongside staples like pasta, rice and tinned



food.

Hannah from Evington's Covid19 Mutual Aid Group explained how it has benefited people



in Evington:

"GraceWorks has been an invaluable source of practical support and advice while we are doing this work, particularly when we have found people with more complicated needs. I

do not personally have any experience in working with very vulnerable people so it has been enormously helpful to be able to consult someone who does have this experience. When a destitute woman contacted me for emergency food and she had already had two food parcels from the council (which is their limit), I contacted GraceWorks and they are now taking food to her every Thursday and also helping her with paperwork while she tries to resolve her financial situation. I know she is incredibly relieved to have this regular support during a very difficult time."

To date, over 80kg of produce has been grown and delivered from the GraceWorks garden that has been supplemented by food from FareShare and donations from local people. The service is going to continue into the winter because the team are aware that a second wave of the virus will most affect those who are vulnerable and isolated.

In conclusion Ben, Trustee of CoG, said,

"It has been amazing to see our community coming together, with individuals, churches and charities in Evington making sure that everyone who needed fresh food and support has been able to receive it every week. We have dealt with people who have been rough sleeping in Evington who are now housed, people who have had no access to benefits, providing food for specific diets for people who are shielding and most importantly being there to have a chat with people in our community who haven't spoken to someone all week.

"I can't thank everyone enough whether they have grown food, delivered parcels or donated to our project. Without their love and generosity this would not have been possible."

In the autumn, GraceWorks hopes to open up some outdoor gardening activities (by booking only to keep social distancing in place) and if this goes well they hope that Place of

Welcome will open with a booking system after October half-term. For further information please contact graceworks@communityofgrace.co.uk.

If you want to help Community of Grace support vulnerable people through this winter you can donate to this great work by going to:

www.gift.communityofgrace.co.uk or Text GRACEWORKS to 70085 to donate £5 *

* Texts cost £5 plus one standard rate message and you'll be opting in to hear more about our work and fundraising via SMS. If you'd like to give £5 but do not wish to receive communications:

text GRACEWORKSNOINFO to 70085.



Editorial

The City of Leicester, which includes Evington, have had extra lockdown rules since 4th July. The harsher restrictions mean that the Rule of 6 - that one person cannot meet with more than 5 others indoors or outdoors, is extended so in Leicester (and now other parts of the country) we cannot meet with people from another household in our own homes and gardens. Most people who have contacted me say they are now very confused with the rules.

What can you do? Write to your MP, which for Evington readers will either be Claudia Webbe MP or Jonathan Ashworth MP. Put your name and address and postcode on any correspondence. (See details on pages 14 and 15).

We live in very difficult times, see the letters page and many articles in this edition. We need to have a voice.

The Friends of Evington have got an on-line questionnaire at www.evingtonecho.co.uk for you to fill in. It is asking your opinions about Evington. It is easy to fill in and easy to find on the home page. Please spare a moment to do this so we can get a better idea of your views.as this will help with developing a strategy.

If you would like to get involved further then please contact me by phone or e-mail to become a member of Friends of Evington and I will send the 2021 membership form. After checks, your membership could start before January 2021 at no extra cost. Membership is only £5 a year (Jan. – Dec.) for an individual.

Helen

Editor of the Evington Echo and Secretary of Friends of Evington.







We would love to publish more pictures of your lockdown art (or crafts). Please send in to evingtonecho@gmail.com or drop it off at Bennetts Home and Garden Stores 30 Main Street. Evington.

MINDFULNESS SUN REI AXATION FOR CHILDREN



In this edition, I would like to offer a short mindfulness relaxation for children. This can be practised anytime of the day but personally I like to do this with my children in the morning once they are ready for school. We have made this a part of our going to school morning routine. It's a positive and uplifting start to the day.

Sitting comfortably gently close your eyes and take some slow deep breaths in and out. Picture a bright, shining sun smiling at you. Breathe slowly and imagine that the sun is warming your face.

Imagine the sun warming your shoulders and back. Next imagine the sun warming your arms and going down to the tips of your fingers. Continue to breathe in and out slowly and calmly. Imagine the sun's warmth spreading to your legs, down to your knees and to your feet. Finally feel the warmth all the way to your toes. You are nice and relaxed.

Take some nice deep breaths in and out then slowly wriggle your fingers and toes and very slowly open your eyes. I hope you enjoy this practice.

Don't forget to follow Indy Essence on Facebook, Indy Essence Instagram: indyessence, Twitter:@EssenceIndy, & YouTube: Indy Essence.



This lovely sunset photograph from Evington overlooking Leicester was taken by Gillian Carr and was posted on Judy's facebook page. Thank you for the permission to use it here.



EVINGTON VILLAGE VIRTUAL FETE AND SHOW 2020

This is a picture of Jackie Newman's rhubarb that she entered into the virtual Evington Village Fete and Show.

The Fete and Show is normally held on the Village Green every year. It was cancelled this year. There are more exhibits in the virtual show which will be in the next edition of the Evington Echo.

John Pelmore

Letters

CONSULTATIONS ON LEICESTER'S DRAFT LOCAL PLAN - SITE 6663 SEDGEBROOK ROAD OPEN SPACE (PART)

Dear Readers,

Leicester City Council are proposing to build 14 houses on 'The Green' opposite the shops on Downing Drive, Evington.

We, the local residents, object most vehemently for the following reasons:

- 1. The Green was put in place when the estate was built in the 1950s for the use by the residents of the estate, a green space. This is a practice that continues today when developing a new estate.
- 2. This area is a low point of the estate and has flooded in the past. Measures have been taken to help prevent this by putting in flood gates and at great expense, the insertion of underground water tanks underneath the 'Green Space'.
- 3. Green spaces are important to a community both for their mental health and as a place of exercise for both young and old. This would take away the children's park and the walk round, so generously provided by the local school.
- 4. The green spaces are a haven for wildlife of which the council are supposed to protect.
- 5.The infrastructure cannot sustain any more fill in houses for several reasons: (a) The traffic congestion at the busy times is currently intolerable. More houses will only add to the gridlock making the exit onto Downing Drive almost impossible. (b) The levels of pollution in the area continues to cause problems for the schoolchildren who are encouraged to walk or cycle to school. (c) It will encourage more rat

running due to the speed bumps on Downing Drive causing increased pollution deeper into the estate. (d) Parking of cars on the side roads are already a problem and this would only exacerbate the situation. (e) The schools are already full. (f) The local doctors surgery is full.

6. This will affect everybody in the area. There are other 'Green Spaces' which have been earmarked for similar treatment. The Green halfway down Welland Vale Road and the Green Space near to the swimming pool on Downing Drive.

We must act now to oppose this ill thought out plan for Sedgebrook Open Space.

For more information, please contact Jenny Joannou on 2432077. *Editorial note:*

The consultation on Leicester's draft Local Plan (2020-2036) runs from Monday 14th Sept. to Monday 7th December 2020. All council consultations will be virtual on-line events. For more information go to www.consultations.leicester.gov.uk

FOOTPATHS

Hello readers,

Following on from the letter I wrote about the Aero Noise, what else concerns me? Well a bunch of things which I think we need to come together on. These are things that could be improved to make the place we live a better place.

In this instance I thought I would share the complaints I have logged with the Leicester City Council regarding the Shady Lane footpath and apple trees in Evington close to footpaths. Parts of the footpath are just a muddy trail which I have struggled to negotiate many times without slipping and falling! Shady Lane is a busy and windy road; we do not want children cycling along that road. However they have no choice since the footpath is often impassable. I tried to tackle this issue back in 2017 but the complaint wasn't processed, so I logged the issue again in Feb 2019 and received a reply from Mike Pears who informed me it's inspected every 3 months.

He acknowledged it was muddy and stated the issue would be passed to the Transport Strategy Group.

It's now 2020 so I arranged to meet one of our local councillors who forwarded on the request to Mike Pears. We await the outcome.

Second issue I have passed to the Council is the issue of the apple trees that line part of Downing Drive (between numbers 120-150) and also on the lower part of Spencefield Lane (near Main Street). As much as I love trees (and I have planted many in my garden), there is a safety concern that the apples are falling and iust left to rot on the footpaths and the road which could result in someone slipping (it's also very unsightly and could be resulting in vermin in our streets). We need to ensure our streets are safe for anyone unsighted to allow people to live fulfilling independent lives. Having spoken to a resident called Vaz (no not that one!) who lives right next to the one on Spencefield Lane, he's supportive of tackling the issue. Obviously if these trees were to be felled, then ornamental native trees should be planted in their place. Note I have tasted some of the apples since I often take the kids apple picking in the Arboretum in late summer; these apples taste pretty wretched and are essentially uneatable else I would have my ladders out along with a big basket! Harvey Uppal

GETTING GOOD FOOD

Dear Editor,

It is horrible to find that it is easier to access unhealthy meals more easily than healthy ones.

There is a whole lot that is not thought about regarding people's access to other things too. It is the same as when the government didn't think about the fact that not all children have access to a laptop or the internet for home schooling.

But as you know, these things are complex and nuanced. Otherwise we could just say "eat less, move more and then go home".



CROSSWORD ANSWERS - grid on page 12 Across

1. BOLD, 5. DOOM, 8. ABATE, 10. ALLOW, 11.NUDGE, 12. LANE, 16. OTIC, 17. GALLANTRY, 18. BEEKEEPER, 20. AFAR, 21. ROTA, 25. EAGLE, 26. ADMIT, 27. AMASS, 28. IRON, 29. HIDE.

Down

2. OBLONG, 3. DAWN, 4. GAVE, 5. DENY, 6. ODDITY, 7. BALLOTPAPER, 9. DESCENDANTS, 13. EAGER, 14. ALIKE, 15. KNEES, 16. ORDER, 18. BADGER, 19. ROAMED, 22. MEAN, 23. AWAY, 24. CASH.





45A Downing Drive, Evington, Leicester, LE5 6LL t 0116 243 3755

e info@evingtoneyecare.co.uk w www.evingtoneyecare.co.uk



NOISE FROM AIRCRAFT - NO PROBLEM IN EVINGTON

Dear Editor,

I read the letter from the anonymous writer on the above subject with utter amazement.

I have no connection with the aero club but have always understood that they are careful not to upset their neighbours. The vast majority of aircraft appear to fly away from the city, and those which do are usually heading off over the city for a valid reason. Any noise from these is short lived (approximately 30-40 seconds) and compared to many other noises around, a not unpleasant steady drone. And with a very few exceptions, not overly loud.

But the numbers quoted are just unbelievable. 1500 flights a week, equates to one every three minutes, every day and every hour of the week, based on a 10-hour day. And then later, they 'can fly over every minute'. I suppose they 'can', but it is not very likely, even on a special day. Has the writer ever visited the airport and witnessed these numbers of take-offs?

I can honestly say I have never seen more than about three in the air at any one time, and then for very short periods. And as for being on the flight path for East Midlands Airport, aircraft for there are still high and make little noise, but could also be for many other destinations as there is a general flight path over Leicestershire.

No, leave the Aero Club alone. They generate good business for the locality and there are far more pressing things to worry about.

· ·

Bob Fleming

Editor's note: There were two more letters making the following additional points.

(a) I expected a letter about noise nuisance to be about high-volume radios, lawn mowers, building works and cars with noisy exhausts or racing up and down local roads. The noise of the planes is not unpleasant compared with these other noises.

(b) It is like complaining of bells near a church or children playing in the school grounds. The airport has been there many years and the occasional plane is not a problem.

NOISE FROM THE AERO CLUB Dear Editor,

I write in support of the views expressed by your previous correspondent concerning light aircraft noise over Evington. The airport's representative was wrong in stating that Evington residents have never complained. I myself have contacted the airport on several occasions over the last forty years to complain of a particularly noisy aircraft or persistent overflying. I am not opposed to the sight of light aircraft in the sky and imagine the activity of flying must be quite wonderful, it's just that they are so dreadfully noisy and there is a serious imbalance between those few people undertaking the activity compared to the hundreds of people who have the peace and quiet of their homes and gardens intruded upon. It would seem that some pilots have real concern for the noise they make and just whisper overhead but this is seldom the case and indeed sometimes one will approach rapidly with a roar that causes the heart to auicken.

I seem to remember prior to the 1997 election John Prescott who became Secretary of State for Transport hoped to do something about noisy light aircraft but unfortunately nothing happened. It would have been quite an achievement as on all occasions when UK noise regulations have been updated aircraft noise has always been specifically excluded and although one can write to one's MP they will be powerless to act. There is no reason. other than cost, that light aircraft need to be so noisy. Silencers can be fitted and in countries such as Germany light aircraft require noise certification. In the Czech Republic a manufacturer has produced an electric light aircraft. It's very quiet, very cheap to maintain and perfect for short range circuit flying which is the cause of most of Evington's aerial noise pollution. In my perfect world the Leicestershire Aero Club already has one or two on order. Richard Lewis

Editor's note: There were four more letters complaining about the noise.

- a) The noise level is a real problem for me making conversations in the garden almost impossible. Also, the aircraft noise on Main Street is much noisier than the traffic outside my house.
- b) Aircraft are instructed to avoid built up areas. This is not happening and the Aero Club do not reply to complaints.
- c) I am concerned with the levels of air pollution. Air pollution shouldn't be increased by people just flying for purely leisure reasons
- d) I contacted the Aero Club in September 2014 and March 2017 to which I had a very brief email reply directing me to the Noise Abatement page on their website. Although Evington has since been added to the text above the map for areas to avoid, Evington has not been ringed with a red circle as other areas have (eg. Stoughton, Oadby and Great Glen).

GENERAL HOSPITAL

Once they pull down all the old buildings at Leicester General Hospital because they are 'contaminated', then that land will be sold off. as proposed. There is a very strong argument for building a new maternity hospital on the General Hospital site with all neonatal specialist services and to build a new midwifery unit at the Royal Infirmary. (Most women do have normal, uncomplicated births, but for those that don't then specialist services need to be nearby, which the Royal Infirmary will have. If they build a midwifery unit at the General Hospital and take away the specialist services, then women who have complications would have to be taken through all that traffic to the Royal Infirmary. Therefore would the NHS consider the proposal for the new maternity Hospital to be built at the General? Spare land for housing could be found elsewhere.

Join the 'Save Our NHS campaign' at www.saveournhsleicestershire.org.











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Letters

NOISE FROM THE AERO CLUB - MY EVIDENCE

Dear Editor,

Thank you for forwarding all the letters you have received on this topic. A number of people have commented that they either found the Aero Club dismissive or evasive over many years which was frustrating for them. Others clearly do not live in the path of the circuit.

The Aero Club's noise abatement page states 'On departure, please avoid overflying Houghton-on-the-Hill, Little Stoughton, Oadby, Evington and Great Glen where possible.', therefore why are there so many flyovers of Evington?

Why do they give permission for flying outside of the club's flying hours?

Why have some people expressed concerns that the club is not being co-operative?

The list could go on......

The proof put forward

During July of 2019, I conducted a survey (armed with binoculars and pen and paper) over a number of hours across various days of the week, noting plane codes and flyover times visible from Landscape Drive, Evington. The figure of 1500 was an extrapolation of those measurements. I'm a qualified Six Sigma Process Improvement Black Belt so I know all too well the importance of understanding the measurement definition and method for any quoted figures.

First the circuit used by the Aero Club takes around 5-6 minutes to complete, therefore a plane in the air for one hour could fly over 10 times. Secondly, there can be 6 planes in the air (or more) at any time (they don't all need to be on the exact same path).

Therefore based on the above information 1500 / 10 = 150 hours of flying over Evington. If there are 6 planes 150 / 6 = 25 hours of flying

over Evington each week for each plane. Given that the Aero club operates 62 hours per week, and that the Aero Club also gives permission for private owners of planes to fly in their circuit over the Evington area after the hours they operate, then the flying hours increase by at least another 12 hours per week (given that in the summer of 2019 planes were flying until 8pm six days a week.) This means there could be 74 hours of flying over Evington in a week, the figure I quoted of 150 hours of total flying is easily made up by the number of planes the club operates.

Context: Covid has meant the Aero Club is operating well below its normal operating capacity. At a guess it's functioning at 20% of the 2019 Summer flying levels, therefore the noise levels experienced at present are not a true representation of flights during a typical summer.

Harvey Uppal

TRAFFIC CONGESTION

Dear Editor

Further to your request in the latest edition of the Evington Echo, I am a resident on Stoughton Lane and find the junction outside St Denys Church very dangerous when trying to approach the mini roundabout - firstly, cars coming up Shady Lane never stop and give way, and secondly, it is very difficult to see cars coming down Church Road towards the mini roundabout.

My recommendation in the diagram adjacent indicates the following:-

Block the junction on High Street, so that it has no access to Church Road - this is also a dangerous junction as visibility is very poor.

Improve the general visibility of the mini roundabout junction at Stoughton Lane, Shady Lane and Church Road, from all sides, by making the mouth of each road wider.

The retaining wall on the junction needs to be pushed back a couple of metres at least.

Widen the road and verge on Stoughton Lane and pull back the kerb a couple of metres turning left from Stoughton Lane is very tight.

Improve road makings and signage at each approach to slow traffic down.

Install three-way traffic lights to regulate the traffic on Church Road - this is too narrow for two-way traffic - many cars selfishly drive in the middle of the road causing difficulties for oncoming vehicles.

Traffic lights on Shady Lane, Stoughton Lane and Church Road (outside the village hall).

The alternative is to complete the muchneeded ring road that was earmarked before the war!! I hope we can gather enough support for the local authorities (city and county) to finish the ring road instead of relying on the outdated infrastructure, which causes accidents and is a big road safety issue. This will be further exacerbated by the new development on the Gartree Road junction with Stoughton Road and by the old farm park, which will add at least 500 more car journeys twice or three times per day.





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SCHOOLING DURING A PANDEMIC

By late March 2020, as the coronavirus pandemic unfolded, primary and secondary schools closed in nearly every country, which, according to UNESCO, affected more than 1.5 billion pupils. In many places, educators quickly shifted to remote teaching with the hope of salvaging the academic year. As the government continues to strive for normality, schools have been forced to adapt. Masks, one-way systems and wiping desks after lessons are just examples of the changes being made by schools to accommodate school children during a pandemic.

One of the first notable changes includes a one-way system, meaning you would have to think twice about aimlessly milling around school. Even if the toilet is adjacent to your classroom, you would have to go around the whole school to get there. Masks in corridors are also an unfamiliar sight but ensure everyone's safety as it's practically impossible to stay in your year group 'bubbles' whilst in corridors. Furthermore, you are only allowed to socialise with those in your own year and must keep distance from teachers, which is a change brought to keep infections contained. Wiping desks will soon become as everyday as saying 'thank you' to your teachers at the end of a lesson and compliments on face masks will soon be as typical as compliments on your shoes or hair

Restricted access for parents' cars at school sites mean that parking is gold dust, meaning that parents may resort to parking in driveways or outside driveways. As someone who lives near several schools, I can confirm that.

At schools across South Korea, children eat their lunches in silence, facing plastic screens that separate them from their friends. They wear masks all the time, except when practising social distancing in the playground. And their temperatures are checked twice every morning — first at home and again at the

school gates. We can only be grateful that this isn't yet the fate of UK schoolchildren.

Schools are generally known to be very free and flexible environments, and these newly imposed restrictions are utterly unprecedented. However, safety is an upmost priority as it's an absolute wonder that we're still able to go to school during a global pandemic. Hands must be washed, and distance kept. No matter how desperate everyone is to go completely back to normal, we must accept that this cannot happen until there is a vaccine.

SCHOOLS ARE BACK

Schools in England are now back. All pupils nationally are being encouraged to attend and follow a timetable that will include full classes of up to or even over 30. No face coverings in class rooms. Allowing for teachers and support staff there could be up to 35 people in one room with no social distancing. The incubation period of Covid 19 is anything from 2 to 14 days. I wish teachers, TAs and other staff a safe new term but I fear what we may start to hear in the coming weeks.

GCSE EXAMS AND THE PANDEMIC

It's no secret that the pandemic has taken over people's lives for the worse, but it has also massively affected the mindset of GCSE students as well as causing many other problems.

Throughout our years at school, there was always a huge build up for our GCSE exams. Teachers, parents and even ourselves were building up to this moment but the anti climax of not even doing the exams left us with a weird feeling of not knowing what will happen regarding our grades and our future endeavours. The uncertainty of not knowing how long our schools would be closed for at first, when the next time we could be able to see our friends and the dread of not knowing whether to continue revising or not. The incapacitating anxiety of fearing that your 2

years of hard work may have gone to waste was very impactful and led us to question our futures

The main concern was the determination of our grades. For someone who worked hard and devoted a lot of time towards studying, as well as improving my grades year by year, it was very worrying that the grades given to me would be predicted grades from the beginning of secondary school which was heavily based on SATs results in year 6, which does not reflect the effort put in or progress made throughout secondary school. However as time went on, more and more news came out regarding the determination of grades which gave us more clarity as there are now more factors taken into consideration such as teachers predictions, class work and mock results. Also, every student will get the chance to take the exam at a later time if they are not happy with the grade given. Although there is still a strong sense of anxiety towards our grades, the news massively boosted our state of mind as many questions we had were answered. Moving on from grades, the social aspect of the school closures was also strange. Despite the fact that we can still message each other, the school closures left us with a very odd feeling as our school routine suddenly ended and we were all left confused for a while. Many students were looking forward to the school prom as a celebration of the end of our school journey and the end of our exams as well as a goodbye to the people that were with us throughout the 5 years. However, now that it's all been cancelled we can't say our goodbyes properly.

This pandemic has been a very disturbing time in everyone's life, and as a student it has also been stressful. However it could have been a lot worse as there are frontline workers who are working extremely hard for us. We must not forget that many families have lost loved ones which has been devastating. It's our duty to follow the rules so we can defeat this virus. David

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SUSTAINABLE GOALS DEVELOPMENT







































Since March I have been working at the heart of a project that has been providing emergency Covid19 response. We have dealt with live cases of Covid19, mourned friends who have passed away, supported people daily in poverty and isolation who have needed food, support, friendship and reassurance.

After 20 weeks, when the government said we were allowed to travel outside of Leicester, I stepped back and had a break. As I walked along the beach looking at the Snowdonia Mountains I thought "how have we got to this position in our city?" Historically Leicester has been rich and prosperous, full of industry, universities, great faith institutions, award winning theatres but now we are dealing with such poverty, isolation and fear on a daily basis: Over 200 people are homeless.

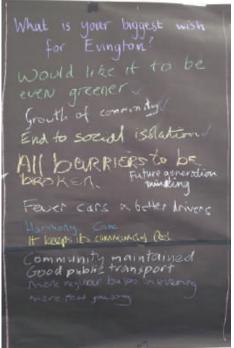
There is modern slavery in our local factories.

Leicester is amongst the worst for pollution levels in the UK.

A lot of the talk from the government and charities has concerned how to get to the 'new normal'. I couldn't work out why this made me so upset and angry until I realised I don't want a return to 'normal' I want a future for my family, our community and this planet.

Locally I have been very impressed with Mayflower Primary School. Both my children go there and they have taken care to have their door open for families and the community all the way through the pandemic, offering hope. Further to this, the team at Mayflower have been considering the future of our children. They have worked with Hill Top Allotment to create a school plot so the children have more outdoor activity and learn to grow food; they are building a bike park so children can ride to school; even when

it comes to Covid19 cleaning they are using an environmentally sustainable system to protect the children, the staff and our planet.



Why have they done this? The school has embedded the UN Sustainable Development Goals into their teaching and daily activities. They use these goals to look at every area of school and the children's lives. With the use of technology, they talk to other children in schools around the world that are working towards the same goals.

The current mind-set that economic success requires increasing consumption must change. Instead we should be valuing processes that reduce consumption. Rather than focusing on GDP growth, we must place more value on improving health, education and quality of life and learn together how we can live within the limits of the One Planet that we have. We have to each see our role as creators of a shared future, not passive spectators. This is vital for making the shift towards a more socially just and universally sustainable world.

The global link that Mayflower has in Nepal has taught our children that providing for the most vulnerable in society is the responsibility of all citizens. Sadly in our country, the vulnerable in society are beholden to charity, which allows the Government to abnegate its moral duty to care for



all citizens, and allows them to spend money on arms, tax cuts and incentives for big business, whilst local leaders ignore the modern slavery we see happening every day in North Evington.

Over this pandemic I have been seeking wisdom about how we ensure a bright future for all. I keep returning to the UN Goals: they are the blueprint to achieve a better and more sustainable future for Evington and across the planet. They address the local and global challenges we face, including those related to poverty, inequality, climate change, environmental degradation, peace and justice.

Before lockdown, a group of us in Evington did some One Planet Training to investigate strategies that will help us to put the UN Goals into practice in our own lives and in Evington as a community. We discussed the big and small changes and political processes that could have a real impact on our personal lives, local life and life in Leicester as a whole. We have to start 'seeing' what the future could look like and the beginning is as simple as spending 5 minutes with a cup of tea each day imagining a world where everyone, everywhere lives happy, healthy lives within the limits of the planet, leaving space for wildlife and wilderness. What we imagine is achievable. Rather than return to 'normal' we have to choose to make the future we want.

In the words of the young activist Greta Thunburg, "Once we start to act, hope is everywhere. So instead of looking for hope, look for action. Then, and only then, hope will come."

I would love to hear any thoughts and suggestions, or from people who would like to get involved in making Evington a more environmentally sustainable village.

ben@communityofgrace.co.uk

Resources:

https://www.un.org/sustainabledevelopment/sustainable-development-goals/https://www.bioregional.com/one-planet-living





CLIMATE CONFERENCE

On 5th September, there was a climate conference on zoom organised by Evington resident, Erica Lees-Smith and a team of others including the Bishop's Youth Council. This conference was sponsored by the Diocese of Leicester and was open to people of all ages and beliefs but particularly encouraged teenagers and young adults to attend.

The conference aimed to introduce more Christians to the problems of climate change and social injustices and reflect and consider what could be done in local churches.

After the keynote speaker, workshops were about:

- 1. Schools and strikes. Climate strikes in Leicester, faith and activism. What can be done in schools?
- 2. Hurt and Hope. Discussion around faith and optimism, climate grief and staying optimistic.
- 3. The Church and Change. What can the church do to cut carbon emissions to net zero by 2030?
 - 4. Cutting carbon. Why is change so hard?

Erica Lees-Smith has just left Judgemeadow Community College and is a member of Climate Strike Leicester. She has spoken on Radio Leicester about why we should be thinking about climate injustice in a pandemic world. She says people in other parts of the world are disproportionately impacted by both the coronavirus and climate breakdown. It's crucial we all recognize the severity of the problem and don't allow the call for climate justice to be sidelined particularly through schools and education.

Follow up website: www.climatestrikeleicester.org

WALKS WITH WONDER

Enjoy a gentle walk around the beautiful Shady Lane arboretum from the safety of your home and in the company of Geraldine Moulden. Call 0116 4647740 at any time to listen to the latest 10-15 minute episode (local call charges apply).



GOODWOOD GARDEN OF HOPF



At the junction of Gamel Rd. and Davenport Rd in the Goodwood area of Evington a newly established 'Garden of Hope' has been in development since November last year. Our treasurer, Paul Archdeacon, has worked through the lockdown digging over new borders and planting a range of bedding plants and bulbs. Recycled soil was used to create new beds around the central planter which has been there for a number of years but became hidden by tall wild plants, which had been deliberately planted in earlier years.

Many local residents have commented very positively, particularly those without a garden themselves and now the two benches, made from recycled pallets, provide a place to sit and enjoy. The maintenance of the garden has been largely undertaken by Colin, who lives adjacent to the garden, who has diligently kept the garden looking good by weeding, watering, mowing and keeping it well tended. There has been a noticeable reduction in the amount of litter over the last six months in the whole area around the garden and across the road, a result not just of COVID but of the increased pride and respect for the neighbourhood I would suggest.

If anyone in the vicinity would be interested in helping Colin with the maintenance of the garden please call 0116 2922729.



During lockdown, Addy, like many of us, has been spending more time in her own garden and noticing the birds. Here is her photo of a baby robin.

If you have nature photographs, please just send them in to www.evingtonecho.co.uk or drop off at Bennett's hardware store with instructions about how to return the photograph.

CREATING A LOCAL PLAN

Here in Evington, I am mostly known for my involvement with Evington Mutual Aid and the Village Fete. However, I am also an active volunteer with Leicester Friends of the Earth. Although we haven't been able to get out and about and talk to people about environmental issues during lockdown, we have actually been busier than ever.

Leicester City Council published their draft local plan in March and we have spent the last few months reading it carefully, discussing each chapter in Zoom meetings, learning more about the planning system, looking at local plans prepared by other local authorities and deciding what an ideal local plan for Leicester would look like. We're working with Climate Action Leicester and Leicestershire on this project.

The consultation has been delayed but we're expecting that it will have reopened by the time you receive this copy of the Echo.

All local authorities which make decisions about planning have to develop a local plan. This document is then used to decide whether planning applications are approved or rejected. It sets out the council's expectations and requirements and covers everything from where development should take place and the density of housing to energy efficiency standards, the amount of parking provided for office blocks and the amount of green space needed for a given size of population. The local plan decides what our city will look like in the future. When we are facing a climate emergency, it is incredibly important that local plans take this into account and set high standards for making our towns and cities sustainable, healthy places to live.

The process for local authorities to create a local plan is long. It starts with detailed analysis of the area and what is needed (e.g., the type of housing, the level of flood risk, the requirement for employment land) and then works through several rounds of consultation. People who live in or near to the area can review the council's drafts and have a say. Friends of the Earth groups and other campaigning organisations put an enormous amount of time into responding to local plan consultations and often manage to persuade their council to strengthen the environmental credentials of the final version. This is as it should be; democracy doesn't begin and end at election time.

But now the government wants to change all of that. On 6th August, they published their 'Planning for the Future' White Paper setting out proposed reforms to the planning system. And it is clear that they envision a future in which we have no say about our local area at all. The Guardian, the Town and Country Planning Association, Rights Community Action and even the Financial Times have all published articles explaining what is wrong with the government's proposals. (And I urge you to read more about the proposals if you haven't already everyone who cares about the future needs to understand what is happening.) To summarise: the government wants to move to a zonal planning system, where our local plan would be reduced to a colour-coded map and all of the detail prepared by those who know the area and have a stake in its future would simply be removed. Planning applications would not

even be needed apart from in exceptional circumstances, so we wouldn't be able to object to individual developments. We might be able to have a say about the design code, but the government is also preparing a national version so our control over our local area would be minimal.

We cannot accept this. Our planning system needs reform but we want more democracy, not less. Those who live in an area should have a say about its future. There is a campaign gathering steam to object to the government's proposals. Some of the people involved have written their own proposals for what needs to change and called it The People's Charter for Democracy in Planning. The articles of this Charter are as follows:

The right to participate. Local decisions should be made locally by democratically accountable bodies.

A meaningful legal duty to secure sustainable development, tackling climate change, and the health and well-being of all citizens.

We think this offers a much better vision of the future of planning. Hopefully you might be able to find out more about this campaign soon — check Leicester Friends of the Earth's blog or Facebook page for updates.

In the meantime, if you want to object to the government's proposals, national Friends of the Earth has written a model response to the consultation that you can use and adapt. It is on their website at: https://campaigning.friendsoftheearth.uk/news/planning-future-consultation Please get involved and do whatever you can to prevent this attack on our rights. Hannah Wakley









SMIGGIE AND MY 2020 HERITAGE WALK

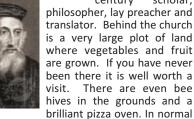


2020 Evington The Heritage Walk had to be cancelled, but Smiggie and I keep the tradition alive. We followed the route. Smiggie was all in favour. she loves anything new. Evington Park House was the starting point of this Heritage Walk. house has a long history told on the sign that is near to the house. We decided to look for the

graves of two pet dogs of Miss Henry and Miss Anne (19th Century owners of the House). Smiggie wanted to pay her respects, but try as we might, we could not find these graves.



Next we went to the Wycliffe United Reform Church which was named after John Wycliffe, a famous 14th century scholar,



times on Tuesdays a lunch is provided and you can also help with the gardening, if you fancy



it. Smiggie is so looking forward to the lunches being resumed. Next on the route was the Youth Club, a place that singer Frankie Vaughan opened. Smiggie said

that she would like to join the youth club but



didn't want to join the dog training classes. She so likes being an untrained free spirit. We will see about that later. After the Youth

Club we went past Evington library which was built on a plot that used to be known as Mrs. Smalley's cottage.

We then headed along Main Street and passed the shops, Smiggie could not resist attempting to go into Vintage 186 cafe in the hope that Jo might give



her a sausage. Another place that Smiggie would have liked to visit was The Cedars as she had heard that they do some rather nice food there. The Cedars used to be where E. Phillips Oppenheim lived. He was a prolific English novelist who produced 150 novels. That's going it a bit.

We walked past the shops to Evington Chapel which was built in 1837 in a Gothic style. The organ in the chapel was once owned by Prince Albert, consort of Queen Victoria. Walking on we passed what used to be the Coop, which is now used by Carers Direct Homecare. Before the Co-op there used to be cottages on the site. Across the road is The Village Green and War Memorial. The annual Evington Fete and Show is held on the Village Green, but unfortunately cancelled this year. Fingers crossed for next year.



Across the road from The Village Green is Claremont House which is where Piggy Wilson used to live. How he got that name will be explained later. We then made our way

down High Street. Smiggie was loving the walk and she had slowed her pace down so that she could investigate all the new smells and sights. We carried along down High Street looking at

the cottages. In the guide they were referred to as 'Stockingers' Cottages' as workers used to produce knitted goods there before the factories took over. The next landmark was Evington Village Hall which was formally called 'King George V Hall'. The foundation stone was laid by Mr. Faire on 4th June 1912. For this he received a trowel made of silver and ivory from the subscribers to the hall. How times have changed; ivory is now illegal. Next on the route



is Old Barn on Church Road. This was integrated into the modern Barn House in 1988. From here we head off to Piggy's Hollow which used to be a medieval moated site.

It is situated immediately behind St. Deny's Church. To this day you can still see the remains of the moat and fish-ponds. Smiggie loves the countryside and her nose was constantly twitching and her tail was going nineteen to the dozen. There's lots of information about Piggy's Hollow on the internet that is well worth the read. Oh yes, back to Piggy Wilson. Mr. Wilson used to keep pigs in the hollow and used to get really annoved with the local children tobogganing down the slopes in the winter. In an attempt to prevent this, he plastered the slopes with manure and since then the children called him 'Piggy' Wilson. I dragged Smiggie away from all the divine smells and headed off to the final



landmark on the walk, that of St. Deny's Church. What a lovely building this church is and well worth a visit if you have not been there before. Some parts of the church date back to the 13th century. A parish centre was added to

the church in 2013. I am sure while we were at the church Smiggie got a whiff of Rolo, who is Anthony, the vicar, and Wendy's dog. Rolo was the first dog that Smiggie met when she came to live with me, and she startled Rolo on that day. We have learnt a lot about Evington and know that there is so much more to learn about our village.

Smiggie and Howard









but Christ Jesus the Lord"

EVINGTON CHAPEL

(Baptist)

Welcome to our meetings

Sunday: I I am and 6pm Wednesday: 7.30pm Other meetings as announced

Other meetings as announced

www.evingtonchapel.org.uk
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21	ROSTER	(4)
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28	PRESS CLOTHES	(4)
29	SECRETE	(4)

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6	ANOMALY	(6)
7	VOTING DOCUMENT	(11)
9	OFFSPRING	(11)
13	ARDENT	(5)
14	SIMILAR	(5)
15	LEG JOINTS	(5)
16	TIDINESS	(5)
18	HARASS	(6)
19	WANDERED	(6)
22	MISERLY	(4)
23	ON HOLIDAY	(4)
24	COINAGE	(4)

THE TEXTILE INDUSTRY IN LEICESTER – HOSTED BY THE CONSTITUENCY LABOUR PARTY IN LEICESTER SOUTH

This was the first in a series of Zoom meetings called 'Future after Covid-19'.

Gary O'Donnell, a member of the National Hosiery and Knitwear Union has worked in textiles, as a knitter up until the 80s. Then, if he or any of his colleagues didn't like their job they could leave in the morning and be sure of finding another job in the afternoon. Leicester and Leicestershire were known across the world for hosiery. Corah's in Leicester had 19,000 people working for them and other factories were usually over 3000

A change came when businesses started to go to Portugal, North Africa and Sri Lanka. It was difficult for Leicester to be competitive. In 1999, Gary became an organiser for his union. By then big factories had closed and the buildings were divided into smaller units.

1998 brought in the minimum wage legislation. Employers could disguise how much they paid their workers by subcontracting. Then sub-contracting units could use various ways to get around the minimum wage legislation like (a) workers not clocking in and out, (b) Discrepancies in working hours records, making it impossible to verify minimum wage pay. (c) Hours set out using informal handwritten notes, instead of computerised timesheets. It was difficult for health agencies to get into these smaller units, but if they did manage to close a unit down, then it would move and be open again the following week. Also sub-contracted units could play dumb and deny the subcontract. If they didn't, then the sub-contract could go to another unit and then workers wouldn't get their pay at all. The people running these units aren't like the old mill owners of the past, they are running their factories on margins.

Then there are the internet companies, with the biggest one being Boohoo, where the owners have a rags to riches story, and now own boohooMAN, PrettyLittleThing, Nasty Gal, Miss Pap, Karen Millen, Oasis and Warehouse and Coast. Business models and their human cost have come under scrutiny by many organisations including the press, Ethical Trading Standards and Labour Behind the Label. There are a significant number of businesses breaking the law in Leicester and in the rest of the UK.

When he was investigating in the late 1990, Gary was much more naïve and thought that if workers received leaflets in their own language then they would want to join a union. Now he knows that workers are more frightened of the authorities than they are of their own bosses. Gary thinks that it will have to be the local community working with the unions and the local authority that helps with talking to the workers. At the moment the sub-contracting goes on, prices go down and the company at the end of the chain has to pay the minimum wage. He said that trying to help workers wellbeing was throwing up more problems than it solved. Victims can be deported before evidence is obtained.

The next part of the Zoom meeting focussed on talking about seeking funding to get a new initiative off the ground.

There should be a vision and a way of making Leicester the textile capital of Europe and the workers part of it. All the participants felt that this could only happen if the local authority took on responsibilities, worked with the local community and there was no threat of deportation for the workers. Proper factories with trade union representation set up and the local authority looking after the coordination. At the moment the local authority have no legal powers to make it better. But setting up Leicester City Brand factories could be a way forward. It would involve meetings, community organisations, good scrutiny, legal auditing and an enforcement agency to address the problems in the way we in Leicester want them addressed, helping people who want to do the right thing.

Boohoo are talking about setting up a factory unit in Thurmaston and doing their own investigation into this problem.

Helen Pettman









PANDEMONIUM by Penny Dreadful

February seems like a dusty memory now, one that has been sprayed and scrubbed and sanitised. Our cardboard moving boxes had been barely touched, let alone unpacked, when the government's daily briefings vitiated terrestrial television, social media and our very own conversations.

We were, and indeed still are, twenty somethings in our first house in an unfamiliar area of Leicestershire. Rather than the expectedly fusty reception to our tattoos and my dreadlocks, we have been accepted into the bosom of the community. Well, in a socially distant manner of speaking.

We found ourselves amidst a community of the green-fingered gardeners and the politically progressive. A pick 'n' mix society of so many delicious varieties to choose from. Due to my being furloughed from banality, I started to write again. It had certainly been a while with the rigmarole of our expressdelivery, cashless, fake news, compostable 21st Century. I wrote about the untouched majesty of the arboretum, the post-apocalyptic high street and isolationist existential dread. I felt the cadences of the squirrels and the phonemes of the delivery vans. I had visions of eras past down in Piggy's Hollow, and prescribed beauty in grotesque mounds of flytipped waste. It is with the ideas of spirituality in nature and the destructive modern world in mind when I composed the below poem.

HABITAT

fluffy bolls of lush mildew carpet a glossy veined laminate deracinated leafy monoliths henge an arable of serrated shanties.

a foreign-looking twitcher in pyjamas dipped out fiefdom of barbed zinc coils and effluent gushing Brook spates stands wodwo in the craggy foliage.

aluminium pop cans sett debitage burrowed in a knoll of crisp packets petals slung condom over nettles trashed plash stews a pickled toad.

Those who reside within the circulation of this magazine are privileged to live in an area rich in beauty, culture and heritage that harbours the perfect creative environment.

Anyone that may be interested in a poetry group, please do get in contact.

PENNY DREADFUL is an artist, performer and writer. He is co-founder of the art collective Idiot Savant. His upcoming collection entitled COVID: 19 Poems in Isolation is coming soon to high-street and on-line retailers. News and updates available on www.idiot-savant.co.uk and www.facebook.com/pennydreadfulpoet

PETER SUMPTER 1933 -2020

GAVA Artist



Peter was a well respected member of the Leicester Artist Community.

After completing his National Service at RAF Wyton, Peter became a Technical Illustrator, and this started him on a career in Art and Design. He joined the Leicester Sketch Club and was elected to

the Leicester Society of Artists in 1958. He gained experience in landscape painting, still life, figure and portraiture, before becoming a freelance artist in 1973. Over the years Peter held 14 'One Man Exhibitions' across the UK, he exhibited regularly at local Art Societies as well as teaching art at both Charles Keene College and Crown Hills Community College in Leicester. A keen aviator, Peter joined the Guild of Aviation Artists in 1992 enjoying his passion for early flight and he exhibited at the Pall Mall Galleries in London every year.

Peter's works are widely exhibited and held in collections, displayed in the Royal Air Force Museum, by Leicestershire County Council Museums Service, Leicestershire County Cricket Club as well as various Commercial Art Galleries.

At 80 Peter felt he should retire from teaching but was persuaded by a number of his most enthusiastic pupils to entertain them in his studio in his Evington home where he arranged sitters for figure and portraiture painting and with his wife, Margaret, and daughter Marie the class enjoyed a weekly social painting session for many years.

When Peter sadly passed away early 2020 his class decided to continue painting together but at 'Lockdown', unable to physically meet agreed to set themselves a weekly challenge using social Media, their paintings then collected together and a collage created incorporating all their works

Recently these works have been accepted for inclusion in the Leicester City Council Exhibition 'Inspired in Lockdown' which is to be shown when the Museum and Art Gallery reopens.

The 'Fruit and Vegetables' collage is an example of the group's work
Nigel King



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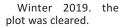
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OUR MAYFLOWER ALLOTMENT ADVENTURE BEGINS...







January 2020 the fences and raised beds were built.

Mr Archdeacon worked really hard over the Spring and Summer to get the plot ready. Before the start of the Autumn term, the staff visited the site to think about how they could use the Mayflower School allotment in our learning. And finally, on Friday 4th September, the first children were able to visit and see for themselves.



"We set out at approximately 09.30 on Friday 7th September. The weather was fine and we were full of good humour. This is often the case whenever we have the opportunity to make an escape from the classroom! It had been explained to us where we were heading, but to most it was still shrouded in mystery. We all knew what 'a lot' meant but some of us

had little idea what an allotment meant!

Although a hill had to be overcome, it was a relatively short walk and only one, 'I knew I should have brought the car,' comment was overheard. Anticipation grew as the gate was



w by he ki vi w Ex lo ar di

down the path we were greeted by an allotment holder who very kindly invited us to view his plot. And what a plot it was! Everywhere we looked there was another 'wow' discovery to be made: runner

unlocked and in

stopping to view

educational base

is planned to be

situated. Gazing

across the whole

allotment's site,

it was at this

moment that a

voice was heard

to exclaim, "Is

this all ours?"

As we headed

Thankfully

wasn't.

we

where

marched.

beans on high, potatoes in barrels, sprouts on stalks, cucumbers and tomatoes in poly tunnels, strawberry plants in patches, onions in rows, beetroot in squares and chrysanthemums (now there's a word for a spelling test!) of all colours. The list goes on and on. Filled with ideas, and more enthusiastic than ever, we moved on.

As we came to the spot where the path turns to the right we stopped, scanned the surroundings and turned to see our double plot. It was explained how it had already been transformed by the hard work of Mr

Archdeacon.

There was an Anderson Shelter which reminded us of the project we had done last year. There were the beginnings of a sandpit and lots of mud which reminded us of when we were toddlers. There was a tree stump circle which reminded us of story times. And there were plants already growing which reminded us of our 5 a day and showed us how plants and the produce look.

Without warning a teacher bent down and emerged victorious, holding aloft a large handful of broccoli. Cheers erupted. This was quickly followed by runner beans, a carrot and a 'water melon looking' pumpkin! More cheers erupted. We know that we have an exciting allotment learning journey ahead of us with lots to discover. At that moment we knew that that journey had begun!



Arriving back at school we shared out our produce, including with the school kitchen who put Pumpkin and Chickpea Curry on the menu for the next week!

We then listed and sketched out our allotment ideas for the future. We are excitingly making plans. Thanks to all those who made this possible."

The Year Six Team at Mayflower Primary School







THE PAINTER'S HIDDEN MASTERPIECE



This is the title of Simon Lake's new book which tells the story of Johannes Matthaeus Koelz, a German painter who was born in Bavaria in March 1885. He fought in the First World War, winning the Iron Cross for bravery before following his first dream of becoming an artist, taking up a place at the Munich Academy of Fine Arts. Against a backdrop of the rise of Fascism in Hitler's German, Koelz painted a secret anti-war painting that was giant in size and when facing arrest, he cut his masterpiece into pieces and fled into exile. The hidden pieces came together in a world-first exhibition in Leicester.

Simon Lake is the Curator of Fine Arts at New Walk Museum and this, his first book, has been a labour of love. The book is 176 pages,illustrated throughout. To order a copy go to www.simonlake.co.uk, price £18.00 plus p&p.

WHAT HAS HAPPENED TO THIS FOOTPATH?

There used to be a footpath from Swinstead Road across to Stoughton Road, going towards Thurnby across two fields that were connected with a bridge. The footpath divided the two fields.

It has been obliterated and the signposting has disappeared.





THE PATIENT PARTICIPATION GROUP

of the Downing Drive Surgery advise that the AGM planned for 14th Oct 2020 has been postponed until further notice due to the current Covid19 situation.

The coffee mornings also run by the PPG at The Church of God on Monday mornings have also been postponed until further notice and while social distancing and lockdown measures are in place.

Kam Mistry

Chair of DDS PPG.

ST DENYS CHURCH RE-OPENS

We are delighted that we can now have services in church again safely. On Sundays from 13th September we will have a weekly 6.00pm communion service in the building as well as the 10.00am Zoom service online which has been appreciated by so many. There will also be a midweek service in church on the last Thursday of each month at 9.30am. For the services in church, please contact the Vicar or Administrator to book a place as space is limited and remember face coverings must be worn. This pattern will be kept under review and is subject to any further changes in the restrictions. Weddings, christenings and funerals can all be arranged too albeit with limited numbers.

The autumn is usually full of special services – Harvest Festival, St Denys Day, All Souls, Remembrance, and then Advent and Christmas. We are having to think creatively about how we can mark all these things safely as a community. Look out for an outdoor Harvest Trail round the churchyard and a Day of Remembering when the church will be open for all those who have lost loved ones. Further details can be found on our social media and website www.stdenys.org.uk.

WANTED

Cycling instructor to teach me how to ride a bicycle. Tel: 07939328310.

POLICE REPORT

The commissioner of Leicestershire police, Lord Willy Bach, has an on-line survey asking you for your opinion on crime and antisocial behaviour. It is open until 23rd October. Go to:

https://www.surveymonkey.co.uk/r/GG6H5R6/

For up-to-date coordinated information about coronavirus and the lockdown go to: https://www.leics.police.uk/advice/advice-and-information/c19/coronavirus-covid-19/local-lockdowns/

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DON'T MOAN ABOUT MOWING

Contact:- J.B. GARDEN SERVICES (Large & Small Lawns & Other Gardening Jobs). TEL: 259 3336 MOBILE: 0780 125 9687.

FOR SALE Gents smart good quality and condition jackets. Reasonable prices. 38" chest. Plus three ladies occasion dresses size 16. Please ring. Tel: 2490645.

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FOR SALE Rowing machine, used twice. Cost £90, accept £50. Tel: Julie 2413436 or 07584577460.

FOR SALE Z tex wheelchair. £40. Tel: Julie 2413436 or 07584577460.

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CONTACTING POLITICIANS

For Claudia Webbe MP for Leicester East (see advert on page 14.)

For Jon Ashworth MP E-mail: jon.ashworth.mp@parliament.uk Tel: 02072193000..Website: www.jonashworth.org.

For local councillors in Leicester Tel: 454 6360 or go to www.leicester..gov.uk and follow the links.





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